

## Scribing (SOAP, HPIIP, & CHEDDAR Notes )

- A quick easy breakdown for MA students

### **SOAP**

S - Subjective impression     [SOAP Notes](#)  
[Links to an external site.](#)

O - Objective clinical evidence

A - Assessment

P - Plan

S - Patient reports runny nose, headache, and left ear pain x 3 days. Patient also reports difficulty sleeping and yellow nasal discharge. Tx (treatment): Tylenol 500 mg every 6 hours. Patient is not on any other medications, and denies any allergies.

O - Vitals: BP 128/78, Pulse 75 bpm, Respiration 16, Temperature 97.6 F, O2 96 % Height 5' 6" and Weight 165 lbs Physical Exam: Eyes: normal, Ears: normal, Throat: normal, Cardiac: normal, Respiratory: normal

A - Upper Respiratory Infection

P - Advised rest, plenty of fluids, and Ibuprofen 200 mg every 6 hours till pain resolves. Symptoms should resolve by themselves, if patient is still having symptoms in 2 weeks, then patient should consider Augmentin 500 mg - 1 tablet every 12 hours x 7 days with no refills.

### **HPIIP**

H - History

P - Physical Exam     [HPI](#)  
[Links to an external site.](#)

I - Impression

P - Plan

H - Patient reports runny nose, headache, and left ear pain x 3 days. Patient also reports difficulty sleeping and yellow nasal discharge. Tx (treatment): Tylenol 500 mg every 6 hours. Patient is not on any other medications, and denies any allergies.

P - Vitals: BP 128/78, Pulse 75 bpm, Respiration 16, Temperature 97.6 F, O2 96 % Height 5' 6" and Weight 165 lbs Physical Exam: Eyes: normal, Ears: normal, Throat: normal, Cardiac: normal, Respiratory: normal

I - Upper Respiratory Infection

P - Advised rest, plenty of fluids, and Ibuprofen 200 mg every 6 hours till pain resolves. Symptoms should resolve by themselves, if patient is still having

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|                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p>symptoms in 2 weeks, then patient should consider Augmentin 500 mg - 1 tablet every 12 hours x 7 days with no refills</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p style="text-align: center;"><b><u>CHEDDAR</u></b></p> <p>C - Chief Complaint      <a href="#">CHEDDAR.pdf</a></p> <p><a href="#">Open this document with ReadSpeaker docReader</a></p> <p>-</p> <p><a href="#">Download CHEDDAR.pdf</a></p> <p><a href="#">Open this document with ReadSpeaker docReader</a></p> <p>H - History</p> <p>E - Examination</p> <p>D - Details</p> <p>D - Drugs/ Dosages</p> <p>A - Assessments</p> <p>R - Return Visit</p> | <p>C - Patient reports runny nose, headache, and left ear pain x 3 days. Patient also reports difficulty sleeping and yellow nasal discharge. Tx (treatment): Tylenol 500 mg every 6 hours. Patient is not on any other medications, and denies any allergies.</p> <p>H - Patient has no know allergies. No reported family history, or social history.</p> <p>E - Vitals: BP 128/78, Pulse 75 bpm, Respiration 16, Temperature 97.6 F, O2 96 % Height 5' 6" and Weight 165 lbs Physical Exam: Eyes: normal, Ears: normal, Throat: normal, Cardiac: normal, Respiratory: normal</p> <p>D - No additional information/ details</p> <p>D - Tylenol 500 mg every 6 hours x 3 days. No other reported medications</p> <p>A - Upper Respiratory Infection. Advised rest, plenty of fluids, and Ibuprofen 200 mg every 6 hours till pain resolves.</p> <p>R - If patient is still having symptoms in 2 weeks, then patient should consider Augmentin 500 mg - 1 tablet every 12 hours x 7 days with no refills.</p> |